

# Innovating health in Connecticut

Jennifer Castillo

Nicholas DeVito

Mark O'Brien

# Overview

- **Recommendations from within CT**
  - Healthfirst Authority
  - Sustinet Advisory Groups
  - Governor's Transition Workgroups
- **Current projects in CT**
- **Innovative ideas from outside CT**
  - "Hot Spotters"
  - Other Innovative Ideas

# RECOMMENDATIONS FROM WITHIN CONNECTICUT

# Health First Authority - 2009

1. Chronic disease care coordination and management
2. Electronic health records and health information exchanges
3. Data collection, analysis, and application/use
4. Health professional workforce planning

# SustiNet

## Health Information Technology

- Recommendations
  - Align SustiNet and other efforts
  - Funding to incentivize and support HER adoption
  - Standard of use and reporting of data
  - Support and monitor adoption and use of HER
  - Clear measurements goals and defined metrics.

# SustiNet

## Health Disparities and Equity

- Recommendations
  - Collect and use of data to monitor progress
  - Clearly stated and measurable objectives
  - Create a system that penalizes or rewards providers
  - Various intersecting issues include care coordination, chronic disease management and preventative programs

# SustiNet

## Patient Centered Medical Homes

- Principals and Goals
  - Patient-centered
  - Inclusive
  - Well-organized and interdisciplinary approach
  - Community
  - Focus on both individual and population health
  - “One size does not fit all”
  - Not every primary care practitioner should become a PCMH

# SustiNet

## Preventive Health

- Recommendations
  - Cost effectiveness
  - Community
  - Annual prevention plan
  - Identify and eliminate access barriers
  - Innovation and flexibility
  - Monitor efforts with data

# SustiNet

## Quality and Providers

- Recommendations
  - Strong evidence-based medical decision making
  - New models outside of the classic “fee-for service”
  - Important to consider risk-stratification in payment decisions

# Governor's Transition Working Group on Health

- Advisory report to the Governor
- Sections include issue briefs covering various health issues
- Recommendations built around priority, short-term, and long-term initiatives.

# Governor's Transition Working Group on Health

- Priority Initiatives
  1. Incorporate SustiNet
  2. Prenatal care access
  3. Office of Health Reform Implementation
- Short-term Initiatives
  1. Nursing and allied health faculty
  2. Community health centers
  3. School-based clinics
- Long-term initiatives
  1. Medical liability system reform
  2. Expand Medicaid coverage of childless adults
  3. Public option

# Governor's Transition Working Group on Health

- Patient-centered medical homes
- Health Information Technology
- Payment reform
- Health system reform
  - Data sharing and transparency
    - Health Information Technology
  - Chronic disease management and wellness programs
  - Innovative payment/reimbursement schemes

# Themes

- *Community*
- *Payment reform (as it serves the delivery system)*
- Technology
  - Quality
  - Efficiency
- Care coordination
- Prevention
- Chronic care
- Disparities

# CURRENT PROJECTS IN CONNECTICUT

# Technology

- Middlesex Hospital – Center for Chronic Care Management
- e-Health Connecticut
- Adhere Tx Corp.
- Innovatient Solutions, Inc.

# Care coordination

- ProHealth Physicians
- Connecticut Early Childhood Partners
- HealthyCT
- Various primary care practices

# Prevention

- The Assuring Better Child Health and Development Program
- Yale University Program on Aging and Claude D. Pepper Older Americans Independence Center

# Chronic care

- Hartford Childhood Wellness Alliance
- Easy Breathing program
  - Medical Home Chapter Champions Program on Asthma

# Disparities

- Centering Healthcare Institute
- Connecticut Health Disparities Project

# On the Horizon

- DSS and the Comptroller's Office will be presenting on further info on medical homes along with other of their current CT initiatives at workgroup meetings in November and December.
- Nick will be creating a database of federal funding related to health reform in Connecticut

The background is a blue gradient with several overlapping, semi-transparent circular shapes in various shades of blue, creating a layered effect. The text is centered in the middle of the image.

# INNOVATIVE IDEAS FROM OUTSIDE CONNECTICUT

# “Hot Spotters” - Atul Gawande

- The Camden Coalition
- Verisk Health
- Special Care Center

# Technology

- Group Health Cooperative
- Partners in Care Foundation
- Rochester Health e-Access
- Various state Medicaid programs

# Care coordination

- St. Luke's Texas Liver Coalition
- Rush University Medical Center
- Parkview Health, Indiana

# Prevention

- Aqui Para Ti
- Johns Hopkins and Michigan Health and Hospital Association
- Northwestern Hospital Diabetes Collaborative

# Chronic care

- Diabetes Ten City Challenge
- Community Health Educator Referral Liaison

# Disparities

- Charleston Area Medical Center; Women and Children's Hospital (Charleston, WV)
- The Chinese Women's Health Project
- Children's Healthcare Access Program (CHAP)
  - First Steps
  - Helen DeVos Children's Hospital
  - Priority Health

**Questions?**