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# Practice Transformation Standards and Quality Measure Comparison

**Presentation to the Consumer Advisory Board**  
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October 11, 2016





## Healthier People and Communities and Improved Health Equity

Reduce the statewide rates of diabetes, obesity, and tobacco use



## Better Care and Improved Health Equity

Improve performance on key quality measures, including preventative care and care experience



## Smarter Spending

Achieve a 1-2% reduction in the annual rate of healthcare growth

# CT SIM: Primary Drivers to achieve Our Aims



\$5.8M

Population  
Health



\$8.8M

Payment  
Reform



\$13.5M

Transform  
Care  
Delivery



\$650K

Empower  
Consumers

**Health Information Technology**

\$10M

**Evaluation**

\$3.5M

# CT SIM: Primary and Secondary Drivers to achieve Aims

## Population Health Plan

Health  
Enhancement  
Communities

Prevention  
Service  
Centers

Community  
Health  
Measures

Stakeholder  
Engagement

## Transform Care Delivery

Community &  
Clinical  
Integration  
Program

Advanced  
Medical  
Home

Community  
Health  
Workers

Health IT

## Payment Reform Across Payers

Medicare  
SSP  
Commercial  
SSP

Medicaid  
PCMH+

Quality  
Measure  
Alignment

## Empower Consumers

Value Based  
Insurance  
Design

Public  
Quality  
Scorecard

Consumer  
Outreach

# CT SIM: Primary and Secondary Drivers to achieve Aims

## Population Health Plan

Health Enhancement Communities

Prevention Service Centers

Community Health Measures

Stakeholder Engagement

## Transform Care Delivery

Community & Clinical Integration Program

Advanced Medical Home

Community Health Workers

Health IT

## Payment Reform Across Payers

Medicare SSP  
Commercial SSP

Medicaid PCMH+

Quality Measure Alignment

## Empower Consumers

Value Based Insurance Design

Public Quality Scorecard

Consumer Outreach

## Problem:

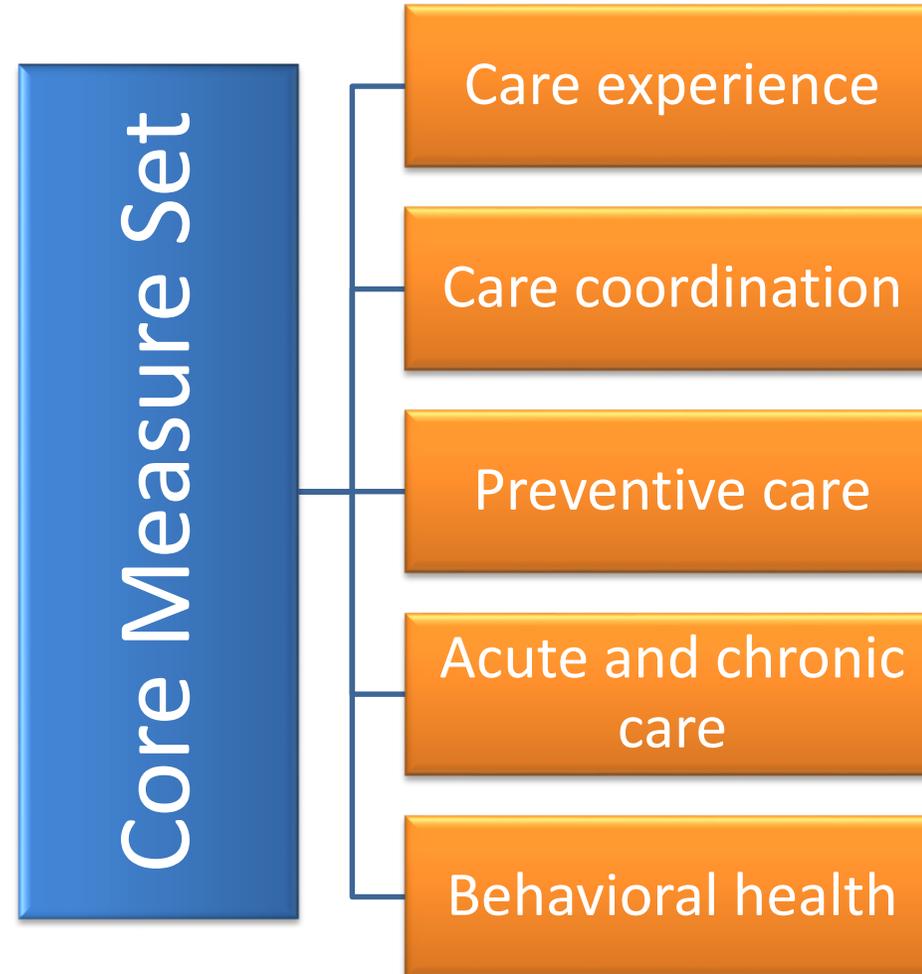
1. Too many measures
2. Little alignment on measures
3. Focus is on process rather than outcomes

## SIM Quality Measure Alignment Initiative:

Work with payers to promote alignment across measures used in Alternative Payment Models in Connecticut

Burdensome and ineffective for quality improvement efforts of doctors and performance transparency for consumers





## Consumer Engagement

PCMH - CAHPS care experience measure

## Care Coordination

Plan all-cause readmission

Annual monitoring for persistent medications

## Prevention

Breast cancer screening

Cervical cancer screening

Chlamydia screening in women

Colorectal cancer screening

Adolescent female immunizations HPV

Weight assessment and counseling for nutrition and physical activity for children/adolescents

BMI screening and follow up

Developmental screening in first 3 years of life

Well-child visits in the first 15 months of life

Adolescent well-care visits

Tobacco use screening and cessation intervention

Prenatal Care & Postpartum care

Screening for clinical depression and follow-up plan

Behavioral health screening (Medicaid only)

## Acute & Chronic Care

Medication management for people w/ asthma

DM: Hemoglobin A1c Poor Control (>9%)

DM: HbA1c Testing

DM: Diabetes eye exam

DM: Diabetes: medical attention for nephropathy

HTN: Controlling high blood pressure

Use of imaging studies for low back pain

Avoidance of antibiotic treatment in adults with acute bronchitis

Appropriate treatment for children with upper respiratory infection

## Behavioral Health

Follow-up for children prescribed ADHD medication

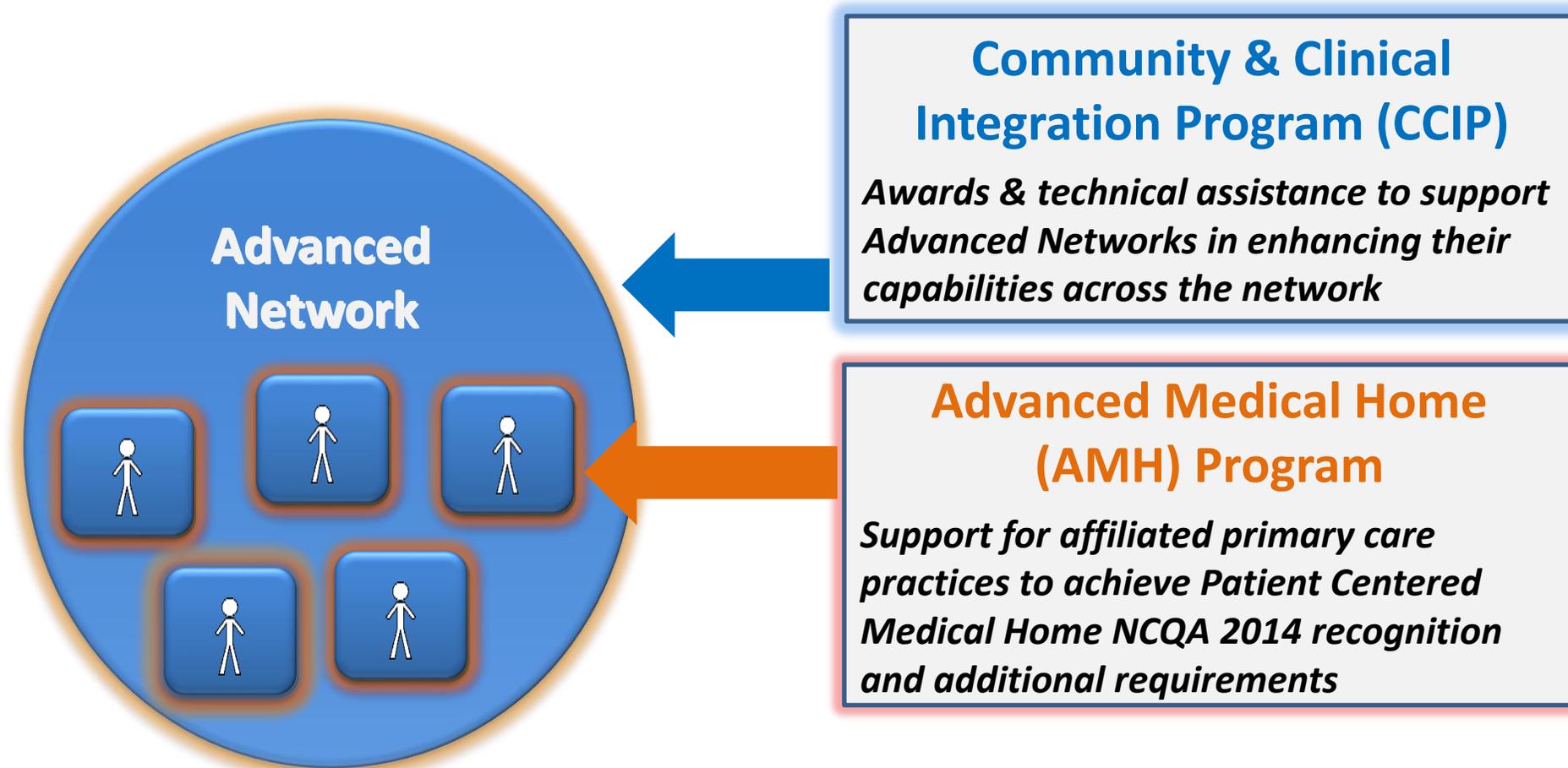
Metabolic Monitoring for Children and Adolescents on Antipsychotics (Medicaid only)

Depression Remission at 12 Twelve Months

Progress towards depression remission

Child & Adolescent Major Depressive Disorder: Suicide Risk Assessment

Unhealthy Alcohol Use – Screening



Improving care for all populations



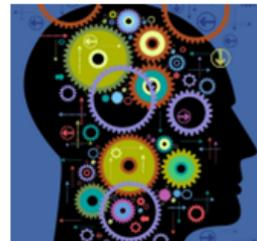
## Comprehensive Care Management

Comprehensive care team, Community  
Health Worker , Community linkages



## Health Equity Improvement

Analyze gaps & implement custom  CHW &  
intervention culturally tuned  
materials



## Behavioral Health Integration

Network wide screening tools,  
assessment, linkage, follow-up

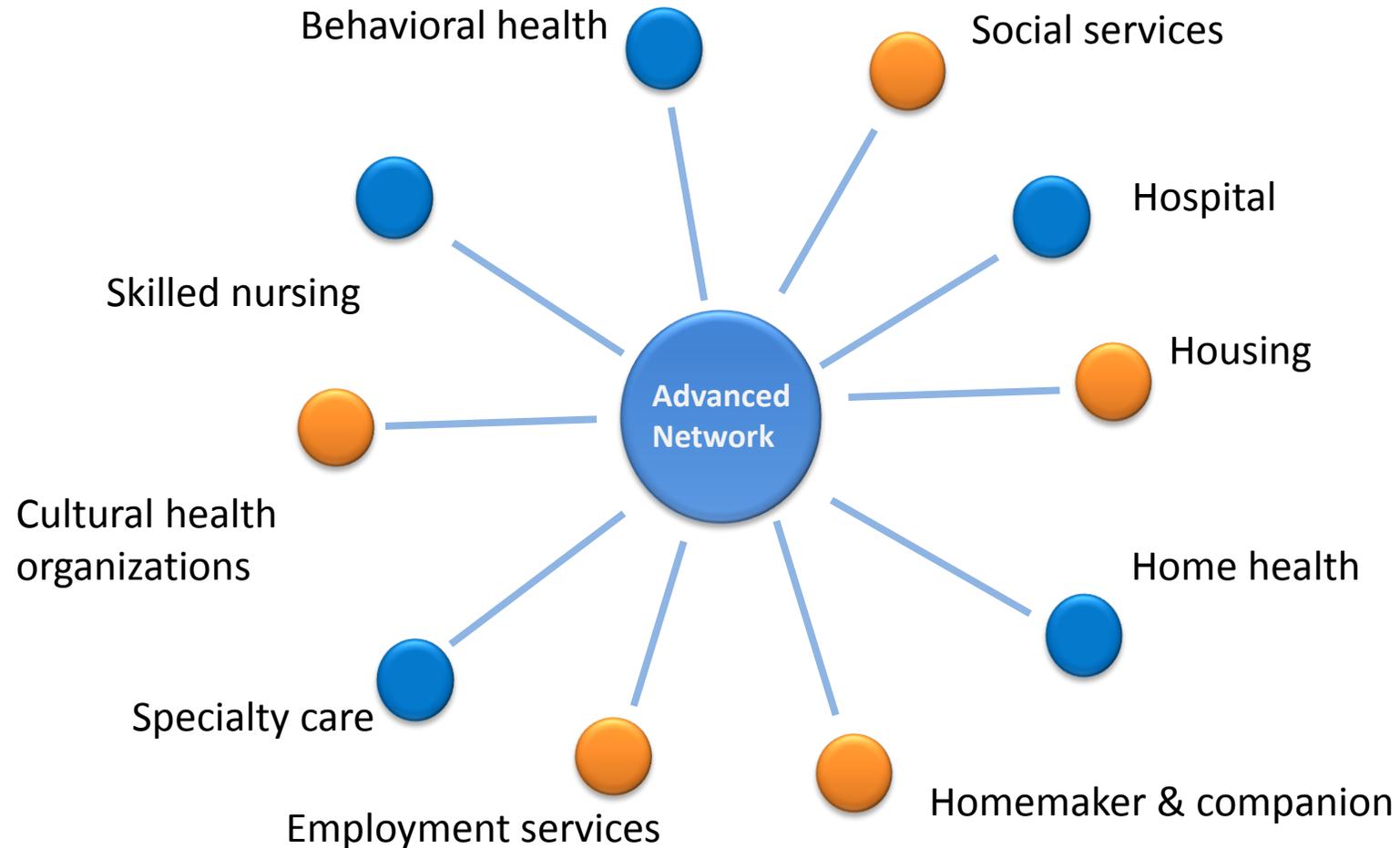
Community Health  
Collaboratives

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Oral health Integration

E-Consult

Comprehensive Medication Management



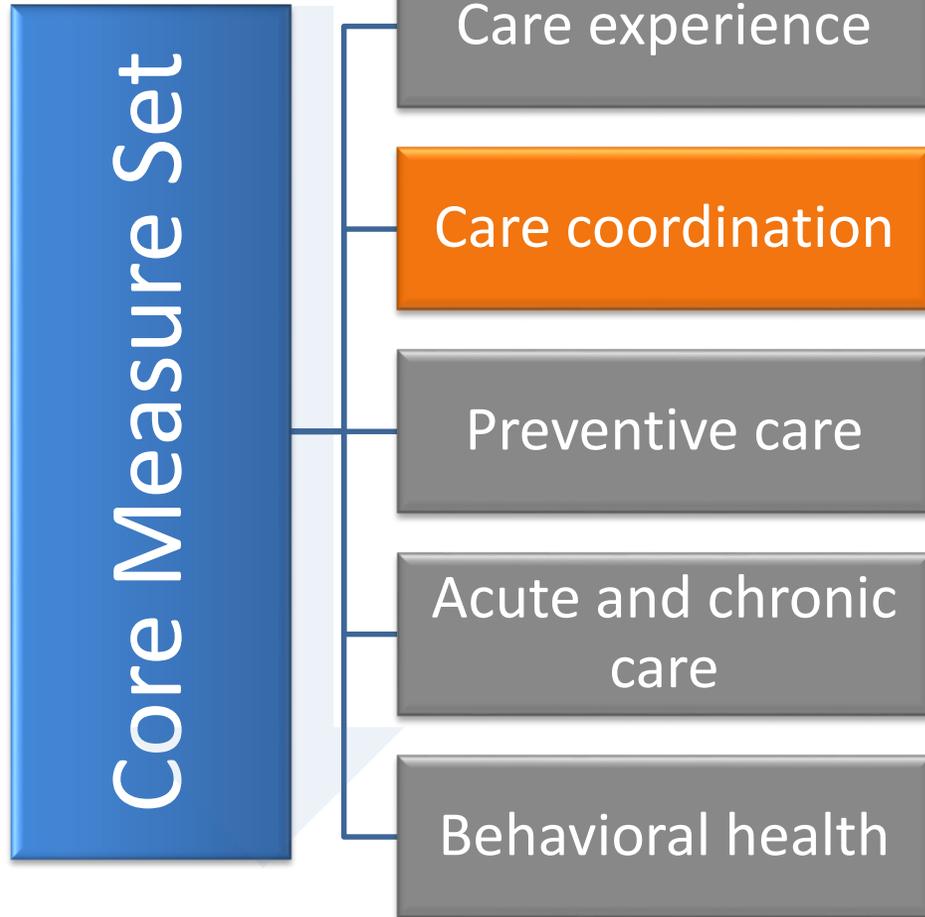
**...coordination and communication  
with key clinical and community partners**

# Addressing the Needs of Individuals that Care Teams Serve

Attitudes, values, beliefs  
Challenging life events  
Behavioral health and  
physical health needs  
Personal goals for care



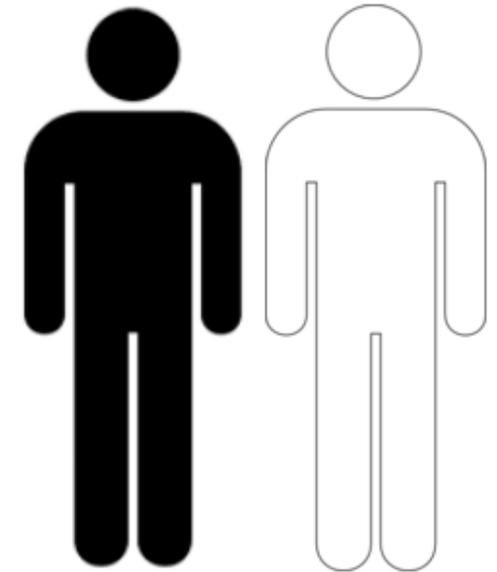
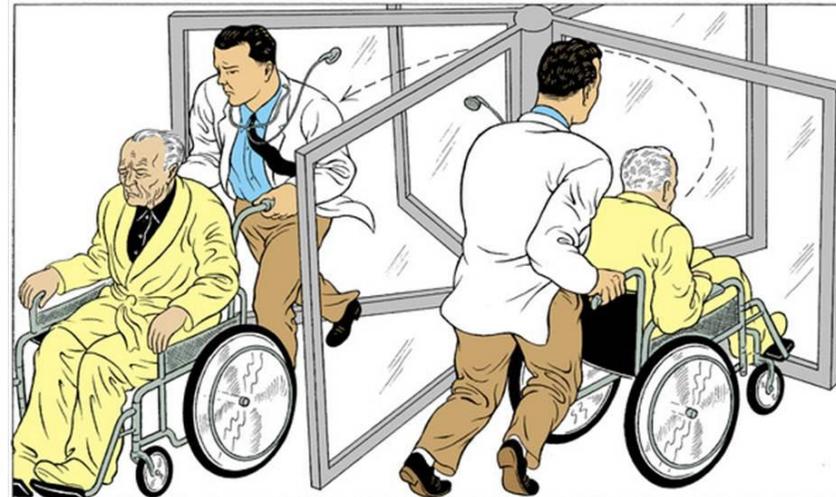
Health Coach  
Patient Navigator  
Behavioral Health Counselor  
Nutritionist  
and more...

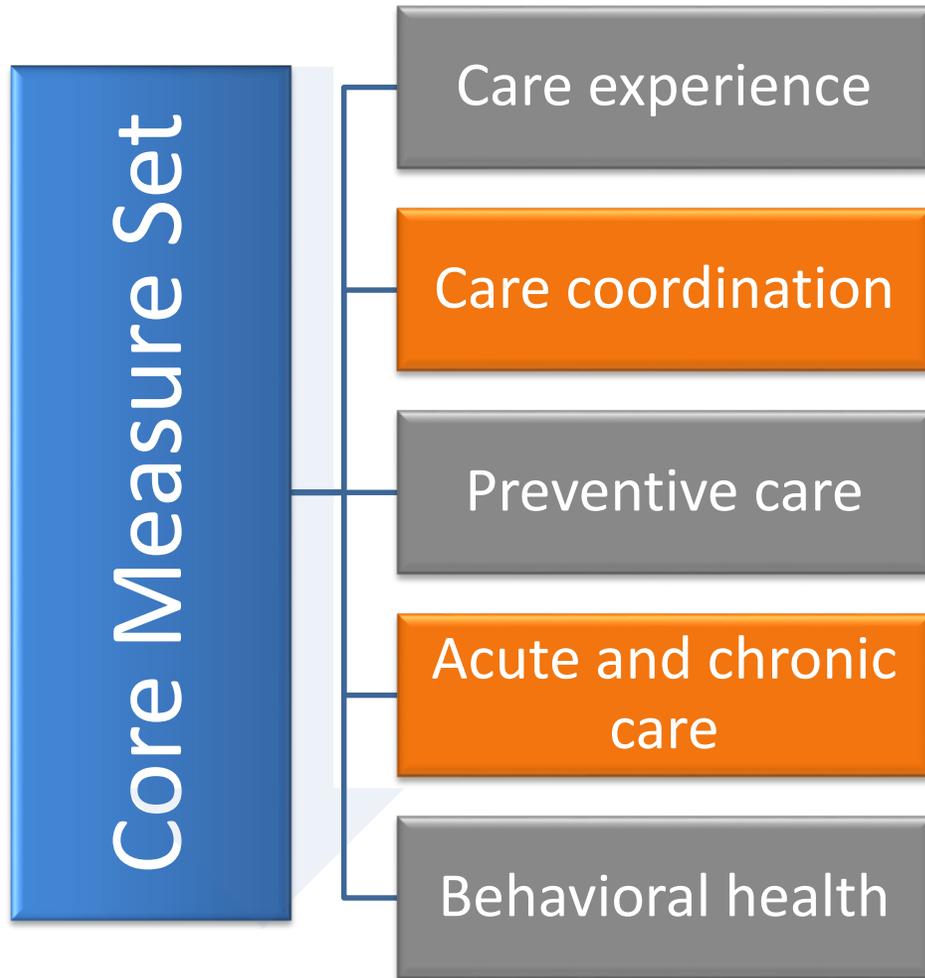


**1 out of every 2** hospitalizations in the homeless population resulted in a 30-day hospital inpatient readmission

**54%** of readmissions occurred **within 1 week**

And **75%** within 2 weeks





## Practice Transformation Standards include comprehensive care management:



### Identify

Individual with complex health care needs



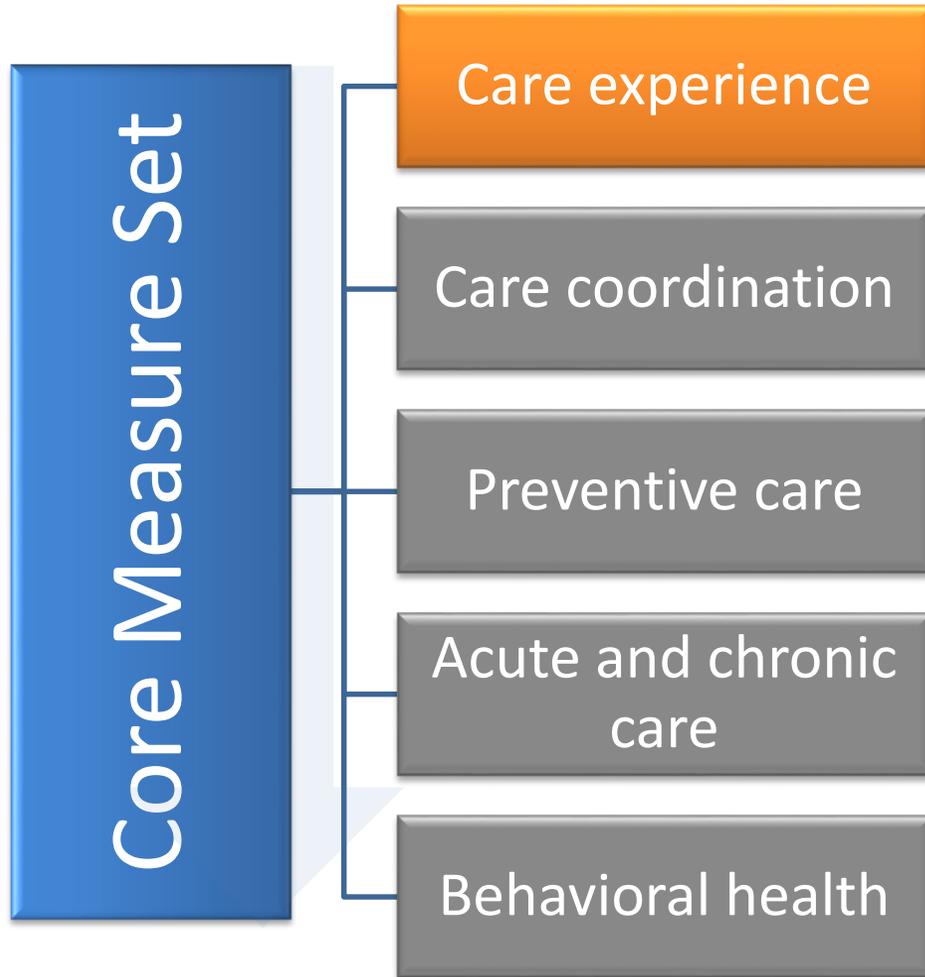
**Evaluate and improve**  
intervention

“Tracking utilization (claims data), measures relevant to focus population’s needs (i.e., complex individuals)...”



**Assessment, Care Team,  
Care Plan**

## Practice Transformation Standards include:



Conduct Person-Centered  
**Assessment**



Establish Comprehensive  
**Care Team**

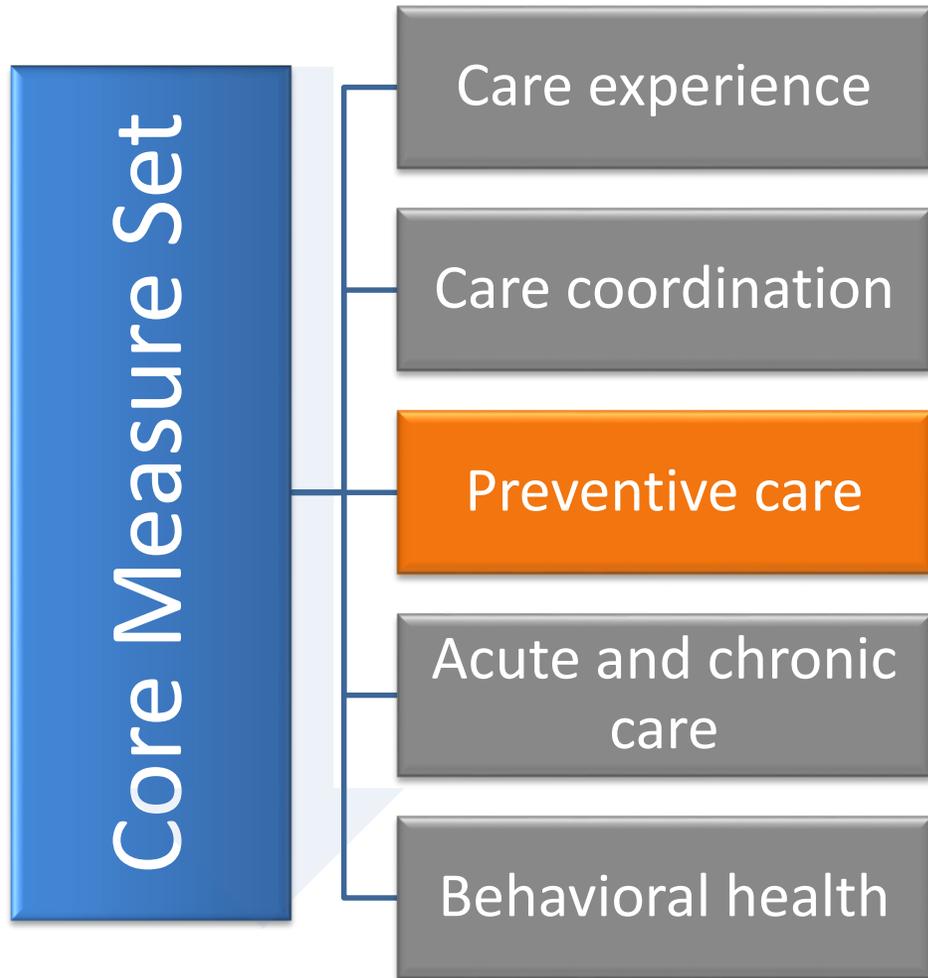


Develop Individualized  
**Care Plan**

“Care plan reflects the individual’s values, preferences, clinical outcome goals, and lifestyle goals...”



**Evaluate and improve**  
intervention



## Practice Transformation Standards include health equity improvement:



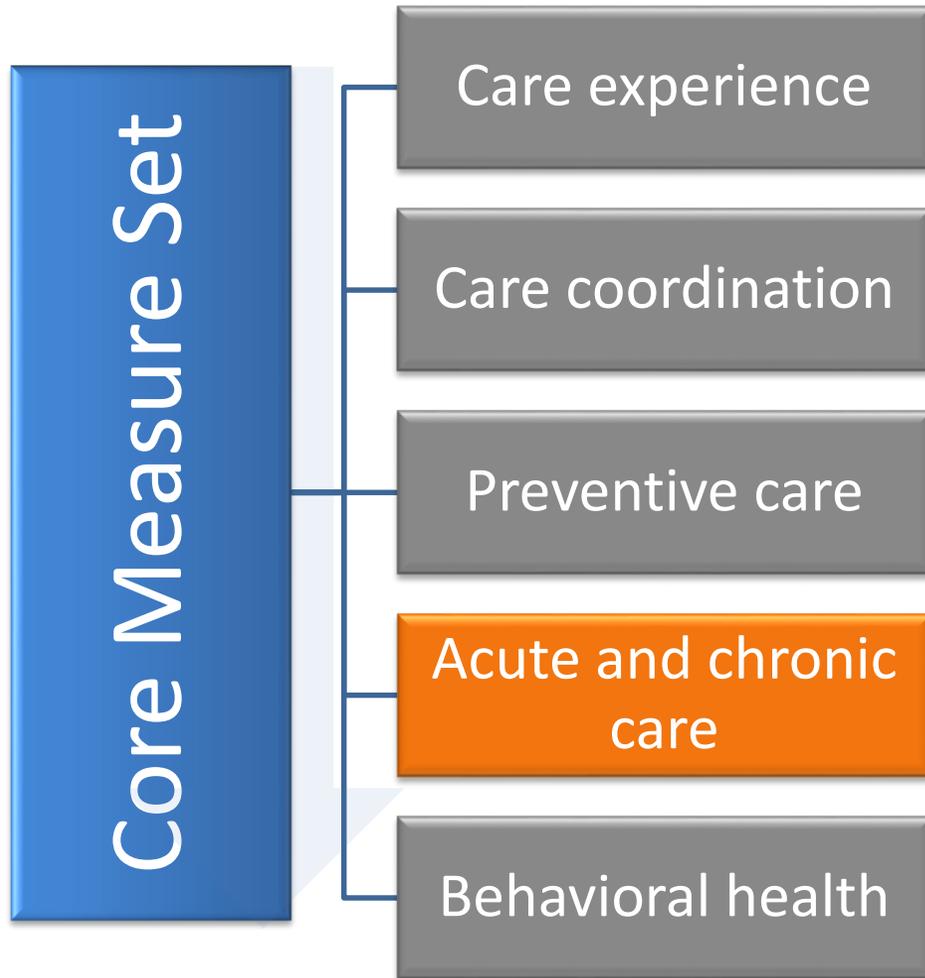
**Expand** collection reporting and analysis of standardized data stratified by sub-population



**Identity and prioritize** opportunities to reduce a healthcare disparity



**Evaluate** whether the intervention was effective



## Practice Transformation Standards include health equity improvement:



**Implement** a pilot intervention to address the identified disparity  
**Pilot must focus on one of three conditions: Diabetes, Hypertension, or Asthma**



**Establish** a CHW capability



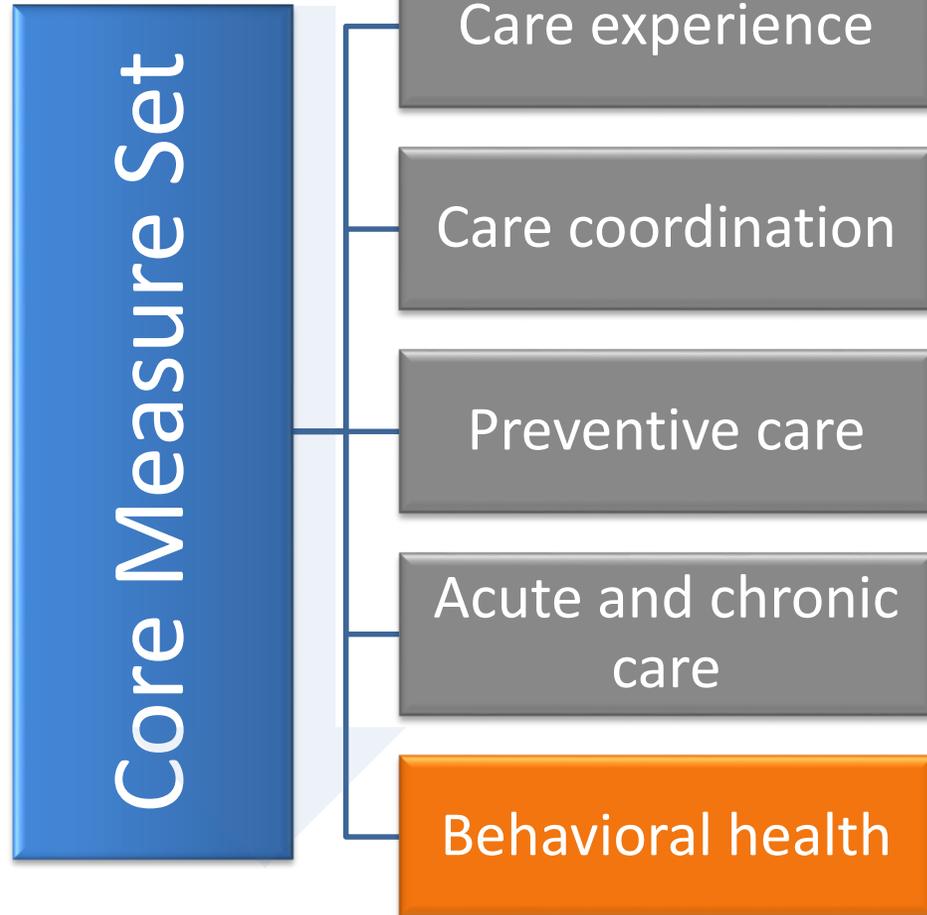
Identify individuals who will benefit from **CHW** support



Conduct a person-centered **needs assessment**



Create a person-centered self-care **management plan**



## Practice Transformation Standards include behavioral health integration:



**Identify** individuals with behavioral health needs



**Behavioral health coordination** with primary care source of referral



Integrated (on-site) brief **assessment** and **treatment**

or

Behavioral health **referral** and treatment



**Track behavioral health outcomes/improvement** for identified individuals